

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Rec	<p>Links to the following ELGs:</p> <p>Physical Development: Gross Motor Skills ELG Children at the expected level of development will:</p> <ul style="list-style-type: none"> Negotiate space and obstacles safely, with consideration for themselves and others; Demonstrate strength, balance and coordination when playing; Move energetically, such as running, jumping, dancing, hopping, skipping and climbing. <p>Personal, Social and Emotional Development Managing Self ELG Children at the expected level of development will:</p> <ul style="list-style-type: none"> Be confident to try new activities and show independence, resilience and perseverance in the face of challenge; Explain the reasons for rules, know right from wrong and try to behave accordingly; Manage their own basic hygiene and personal needs, <u>including dressing</u>, going to the toilet and understanding the importance of healthy food choices. 					
	Speed Agility Travel	Body Management	Dance	Gymnastics	Manipulation and Coordination	Cooperate and Solve Problems
Year 1	Attack, Defend, Shoot Units 1 and 2	Send and Return Units 1 and 2	Dance Units 1 and 2	Gymnastics Units 1 and 2	Hit Catch Run Units 1 and 2 OAA	Run, Jump, Throw Units 1 and 2
Year 2	Attack, Defend, Shoot Units 1 and 2	Send and Return Units 1 and 2	Dance Units 1 and 2	Gymnastics Units 1 and 2	Hit Catch Run Units 1 and 2 OAA	Run, Jump, Throw Units 1 and 2
Year 3	Football Lacrosse	Handball Tag Rugby	Dance Units 1 and 2	Gymnastics Units 1 and 2	Cricket Tennis OAA	Athletics Rounders
Year 4	Football Lacrosse	Handball Tag Rugby	Dance Units 1 and 2	Gymnastics Units 1 and 2	Cricket Tennis OAA	Athletics Rounders
Year 5	Football Lacrosse	Handball Tag Rugby	Dance Units 1 and 2	Gymnastics Units 1 and 2	Cricket Tennis OAA	Athletics Rounders
Year 6	Football Lacrosse	Handball Tag Rugby	Dance Units 1 and 2	Gymnastics Units 1 and 2	Cricket Tennis OAA	Athletics Rounders

