• Useful Information

Jobs and Apprenticeships

- www.gov.uk/jobsearch
- www.gov.uk/apply-apprenticeship
- www.indeed.co.uk

www.nationalcareersservice.direct.gov.uk
 Volunteering

 Community First Yorkshire www.communityfirstyorkshire.org.uk/ volunteering

Other NYCC Children and Families Service:

- Support given for young people aged 16 -19 years old who are not in Education, Employment or Training.
 For more information call the Richmondshire Hub on 01609 533 682
- Support Help Lines
- Childline Call: 0800 1111 www.childline.org.uk
- NSPCC Call: 08088 005 000 www.nspcc.org.uk
- IDAS (Domestic Abuse Service) www.idas.org.uk
- Domestic Abuse Helpline 03000 110 110
- Rape Support Line 0300 111 0777
- ♦ Kooth.com

Sports

- Richmondshire Leisure Trust www.rltrust.org.uk
- Community Sport www.richmondschool.net/ Community-Alumni/Community-Sports
- ParaSport www.parasport.org.uk
- North Yorkshire Sport www.northyorkshiresport.co.uk

Online Safety

- Think U Know www.thinkuknow.co.uk
- Child Exploitation and Online Protection (CEOP)

 www.ceop.police.uk

SENDIASS

 Information and advice to parents, carers, children and young people on many issues relating to Special Educational Needs and/or Disability - Call: 01609 536923

Housing/Homelessness

- SASH www.sash-uk.org.uk
- Richmondshire District Council The Housing Options Team can be reached on 01748 901 150
- The Galleries www.foundationuk.org

Young Carers and Young Adult Carers

♦ www.hrcarers.org.uk

Libraries (www.northyorks.gov.uk/article/23969/ Local-libraries)

- ♦ Colburn
- Catterick Garrison
- Richmond
- Leyburn
- Hawes
- <u>Health</u>
- Yorsexual Health -
- www.yorsexualhealth.org.uk
- MESMAC www.mesmac.co.uk
- Young Minds www.youngminds.org.uk
- FRANK www.talktofrank.com
- Compass REACH www.compass-uk.org/ compass-reach
- Compass BUZZ www.compassbuzz.org
- Healthy Child Team Health visitor/school nurse - call: 01609 780 780 (option 2)
- Healthy Choices a family-focused package of support for children and young people age 5-19 years who are above a healthy weight - Call: 01609 798 081
- <u>Kooth</u> motional and mental health support for children and young people aged between 11 24 years available up to 10pm online
- Kooth Kooth.com

AWS - Army Welfare Service

- Catterick Garrison Area Hive www.catterickhive.blogspot.com
 Fearless
- A way to report crime anonymously www.fearless.org
- Prince's Trust
- Located at Risedale Youth Centre www.stockton.ac.uk/princes-trust

This booklet has been produced by:

North Yorkshire Youth Carlton Lodge, Carlton Miniott Thirsk, YO7 4NJ Tel: 01845 522 145 e-mail: info@nyy.org.uk



Over 100

Clubs inside

An A - Z of Clubs in Richmondshire Open to Young People

Richmond - Gatterick - Colburn - Leyburn - Hawes - Surrounding Villages

Please note that age limits vary and there may be costs to take part in activities publicised. All information provided in this leaflet is secondary research and may not be completely accurate. For further updates contact Edwina@nyy.org.uk

<u>Arts</u>

- Rural Arts: Young Promoters Scheme www.ruralarts.org/young-promoters-scheme Air Cadets
- 2040 Richmond Air Cadet Squadron Richmond School visit: www.raf.mod.uk/ aircadets - email: ACO-WHQ-AllUsers-CEYorks@mod.gov.uk

Angling (Fishing)

- Richmond & District Angling Society www.richmondangling.org.uk
- Hawes and High Abbotside Angling Association www.hhaaa.co.uk

Archaeology

 Yorkshire Dales Young Archaeologists Club - Hawes www.dalescountrysidemuseum.org.uk/get-involved/young-archaeologists-club

<u>Archery</u>

Scorton Archers - www.scortonarchers.com

Army Cadets

Catterick Army Cadets - www.armycadets.com

Badminton

- Richmond Badminton Club SFX School www.richmondbadmintonclub.co.uk
- Leyburn Badminton Club Wensleydale School -www.welcometoleyburn.co.uk/directory

<u>Basketball</u>

Richmond Vikings (Ladies) - Catterick Garrison - Facebook: Richmond Vikings

<u>Boxing</u>

 Catterick A.B.C— Catterick Boxing Club contact Justin Barnes catterickboxingclub@yahoo.com

<u>Cheerleading</u>

Lazer Cheer Academy - Colburn Leisure Centre - www.lazercheer.co.uk

<u>Cricket</u>

Richmondshire Cricket Club - Richmond - www.richmondshirecc.org.uk

<u>Cycling</u>

- Richmond Cycling Club www.richmondcc.co.uk
- Catterick Garrison Go-Ride and Bike Library -Call: Neil Brimer (Army Welfare Service) on 01748 872 912

Dance

- Richmond Dance Centre Email: info@richmonddancecentre.co.uk
- Janet Seymour's School of Theatre Dance www.swaledaledance.co.uk
- Dance Fusion Facebook: DanceFusion Richmond
- Rhythm and Shoes Dance Academy www.therhythmandshoesdanceacademy.com
- Charlotte Jacqueline School of Dance www.cjschoolofdance.com

Diving (Scuba)

 North Yorkshire Pleasure Divers - Catterick Leisure Centre - www.spanglefish.com/ northyorkshirepleasuredivers

Environment/Conservation

- Dales Young Rangers Search on Facebook for the latest news or visit
 www.yorkshiredales.org.uk
- Foxglove Covert Catterick Garrison www.foxglovecovert.org.uk

Are you a budding photographer in years 7-13 living in North Yorkshire?

2022 Calendar Photo Competition "A YEAR IN NORTH YORKSHIRE"

Photos can be taken on any device and need to represent North Yorkshire.

They can be Landscapes, scenery or street photography, with no people present – we want to see North Yorkshire at its best throughout the year!

Closing date 8th October 2021

For more information and to enter: contact Jayne on 07506 162 231 or email Jayne@nyy.org.uk

T&C's apply – see www.nyy.org.uk





Are you in school year 7 upwards? (up to 19 years of age) Join North Yorkshire Youth for our Virtual

Chat n Chill Sessions

Every Thursday evening 6-7pm

Bring a cuppa and join our youth workers and other young people in our zoom chill n chat for an informal friendly chat and meet new people. We chat but also learn about mindfulness and are occasionally joined by Matt from MIND to do some mindfulness exercises.

Email: jayne@nyy.org.uk for the zoom link

This year might look a little different but at times like this it is even more important that we stay in touch and talk.







Itet's end mental health discrimination of for before 'To help children and young people realise their full potential by enhancing and improving our range of learning and development opportunities' Adventure | Learning | Discovery **Football** (*Please note Hawes, Spennithorne & Harmby and 2 Dales FC have younger* <u>teams</u>)

- Leyburn Junior FC www.clubwebsite.co.uk/leyburnjuniorfootball
- Richmond Town Juniors FC www.richmondtownfc.org (NEW girls team)
- Catterick Village Junior FC www.catterickvillagejfc.net
- Catterick Garrison Football Centre www.clubwebsite.co.uk/ catterickgarrisonfootballcentre

Girl Guiding

 Leyburn, Colburn, Askrigg, Catterick Garrison and Richmond www.girlguiding.org.uk/get-involved

<u>Golf</u>

- Richmond Golf Club www.richmondyorksgolfclub.co.uk
- Catterick Golf Club www.catterickgolfclub.co.uk
- Wensleydale Golf Club Leyburn www.akebarpark.com/akebar-golf

Gymnastics

Richmondshire Gymnastics Club - www.richmondshiregymnastics.co.uk

<u>Hockey</u>

• Richmond Hockey Club - Search on Facebook

Horse Riding

- Catterick Saddle Club www.cattericksaddleclub.co.uk
- + Hollies Riding School Richmond www.holliesridingschool.co.uk
- Wensleydale Equestrian www.wensleydaleequestrian.com
- Richmond Equestrian Centre www.richmondequestriancentre.co.uk

Leisure & Fitness Centres

- Yorebridge Sport & Leisure Centre Askrigg www.yorebridgesports.btck.co.uk
- ML Sports and Fitness Richmond www.mlsportsandfitness.co.uk
- Catterick Leisure Centre www.catterickleisurecentre.com
- Liberty Health Club Richmond www.rltrust.org.uk/centres/liberty/home.html
- Colburn Leisure Centre www.rltrust.org.uk/centres/colburn/home.html
- ♦ Active Life Scotch Corner www.activelifesc.co.uk
- Leyburn Leisure Club www.leyburncommunityleisureclub.co.uk

North Yorkshire Youth Voice & Creative Engagement

North Yorkshire County Council's Youth Voice & Creative Engagement Team, we support children and young people to have their voices heard. We work with you on the issues that are most important to you, to make a real difference in your local community and improve the services the council, and our partner agencies, provide. Explore the many different ways you can get involved and make a difference at https://www.northyorks.gov.uk/ny-voice-be-change.



For general enquiries, contact at <u>nyvoice@northyorks.gov.uk</u>, or find us on Instagram @nyccyouthvoice, Facebook @northyorkshireyouthvoice and Twitter @YouthYorkshire.

Generation GREEN

Helping to inspire young people and connect them with nature

Be part of Generation Green

Allowing the next generation to access, enjoy and learn about our environment

We offer:

- Wild skills days
- Ranger days
- Ranger schools
- Residentials
- Green careers talks

Contact: Education Service, North York Moors National Park 01439 772700, education@northyorkmoors.org.uk

This project is funded by the government's Green Recovery Challenge Fund. The fund is being delivered by The National Lottery Heritage Fund in partnership with Natural England and the Environment Agency





North York Moors National Park

Green Recovery Challenge Fund

epartment The or Environment National Lottery ood & Rural Affairs Heritage Fund



Free, safe and anonymous online counselling and support

"I don't think I could've spoken to someone face-to-face."







Chat to our friendly counsellors Read articles written by young people

Join live moderated forums









<u>Community and Voluntary Led Youth Clubs (for more information please email</u> <u>edwina@nyy.org.uk)</u>

- Catterick Village Youth Project Every other Tuesday 5:30pm 7:00pm
- at Catterick Village Sports Pavilion
- Hawes Youth Club Every Wednesday, 6:30pm 8:30pm at Hawes Market Hall
- Colburn Youth Project -Every Monday (Colburn Library) 5:30pm-7:30pm,(school year 6-10) Wednesday (Colburn Village Hall) 5:30pm - 7:30pm (school year 6-10) and Thursday 7pm - 9:00pm Targeted group 13+ (Colburn Leisure Centre)
- Leyburn Youth Café Leyburn Arts and Community Centre Every Monday, 6pm—8pm www.leyburnartscentre.com
- All groups are term time only, Holiday activities dates arranged by individual clubs

North Yorkshire Youth

- Risedale Youth Club Every Tuesday at Risedale Youth Centre (Risedale School site)
 6:30pm 8:30pm for 11 19 year olds Email: edwina@nyy.org.uk
- Leyburn Youth Club Every Wednesdayat Leyburn Youth Centre (Wensleydale School site)
 6:30pm 8:30pm for 11 19 year olds Email: edwina@nyy.org.uk
 Sessions term time only
- Photography competition April-October Email edwina@nny,org.uk for details

NYCC Children and Families' Service (North Yorkshire County Council)

- Richmond Youth Ability A safe space for young people aged 11 25 with a special educational need or disability. Sessions runs every Wednesday (term time only)
 6pm 7:30pm at Risedale Youth Centre (Risedale School Site) Call: 01609 532338
- LGBT+ Group for advice and support contact 01609 532338 and ask to speak to Debbie Pollard

Other known Youth Clubs

- ◆ Elevate (Influence Church) Every Friday, the NOVA group is 6:30pm to 8pm for 11 14 year olds and the VALOUR Club is 8pm to 9:30pm for 14—18 year olds Website: www.influencechurch.co.uk/programmes/elevate/
- ♦ Youth Zone (Catterick Leisure Centre) Every Friday at Catterick Leisure Centre, 7pm to 9pm for 11 - 16 year olds - www.catterickleisurecentre.com
- NEW Senior Youth Club (Army Welfare Service) for more information call: 01748 874 129

Martial Arts

- Chi Taekwondo www.chitaekwondo.org Swaldale Mountain Rescue Training Centre, Hipswell Road West, DL9 3EH
- Progressive Martial Arts Colburn Industry Park www.progressivemartialarts.co.uk
- Arashikage Martial Arts Academy Hawes www.freestyle-martialarts.com
- FI JUDO Catterick Leisure Centre

Mountain Biking

 Stage 1 Cycles - Hawes - www.stage1cycles.co.uk/pages/cycling-activities-for-childrenyoung-people-and-families

Motorbiking

- Richmond Motor Club www.richmondmotorclub.com
- RAMPS (Richmondshire Area Motorcycle Proficiency Scheme) Risedale Youth Centre (Catterick Garrison) - Email: kevinfirefly@aol.com

<u>Music</u>

- Richmond Jam Email: info@blueboxt.co.uk www.blueboxt.co.uk
- The Musical Theatre Project Thornton Rust Village Hall- Email: info@blueboxt.co.uk
 www.blueboxt.co.uk
- Reeth Brass Band www.reethbrassband.co.uk
- NYMAZ www.nymaz.org.uk/for-young-people/what-we-do
- North Yorkshire Music Hub www.northyorkshiremusichub.co.uk

<u>Netball</u>

 Richmondshire Ladies Netball Club - search on Facebook - for students in Year 10+ at Catterick Leisure Centre - Every Monday, 7—8:30pm - Twitter: @RichmondshireC

Outdoor Clubs/Centres

- Swaledale Outdoor Club (Canoeing, Caving, Climbing, Cycling, Fell Running, Mountain Biking, Orienteering, Skiing, Social, Walking) Richmond - www.swaledaleoutdoorclub.org.uk
- Marrick Priory www.marrickpriory.co.uk
- Low Mill Askrigg www.lowmill.com

Photography

- Wensleydale Camera Club Leyburn www.wensleydalecameraclub.co.uk
- Richmond Camera Club www.richmondcameraclub.co.uk

Police Fire and Crime Commission

- Youth Commission www.northyorkshire-pfcc.gov.uk/for-you/young-people/youth Radio
- Colburn and Richmondshire District Amateur Radio Society Hudswell Village Hallwww.crdars.org.uk

<u>Rugby (Tag)</u>

Catterick Touch Rugby - Colburn Leisure Centre- search on Facebook

Rugby League

Catterick Crusaders RLFC - Catterick Garrison - www.pitchero.com/clubs/

Rugby Union

- Wensleydale Rugby Club Leyburn www.wensleydalerufc.co.uk
- Richmondshire Rugby Club Richmond www.richmondshirerufc.co.uk

Running

Richmond and Zetland Harriers - www.richmondzetlandharriers.co.uk

Scouts (*also have Explorer Scouts units)

 Barton*, Brompton- on- Swale, Catterick Garrison*, Dalton, Richmond, Reeth and Leyburn - www.richmondshirescouts.org.uk

Singing

- Young Voices Gayle Institute (Hawes) Free club for ages 6 to 16 5:30pm to 6:30pm every Thursday call Stan and Barbara Roocroft on 01969 667 342
- The Dales YOUTH Pop & Show Choir Leyburn Arts & Community Centre www.leyburnartscentre.com/Groups-Clubs

<u>Squash</u>

• Leyburn Leisure Club - www.leyburncommunityleisureclub.co.uk

Swimming

• Richmond Dales Amateur Swimming Club - Richmond Swimming Pool and Catterick Leisure Centre - www.rdasc.org.uk

<u>Tennis</u>

- Leyburn Tennis Club Leyburn www.welcometoleyburn.co.uk/directory
- Westfield's Tennis Club Richmond www.westfieldsrichmond.co.uk
- Richmond Tennis club Richmond school facebook richmondtennisclub
 Triathlon
- Richmond Triathlon Club www.richmondtriathlonclub.co.uk

<u>Theatre/Drama</u>

- Richmondshire Youth Theatre Richmond and Leyburn www.richmondshireyouththeatre.wordpress.com
- Georgian Theatre Royal Youth Theatre Richmond www.georgiantheatreroyal.co.uk
- Wensleydale Music and Threate Group Hawes Email: info@blueboxt.co.uk www.blueboxt.co.uk
- Richmond Operatic Society www.richmondoperatics.co.uk
- Rural Arts: Create Tour www.ruralarts.org/createtour

Young Farmers (You don't have to be a farmer to be a member!)

- Catterick Young Farmers
- Wensleydale Young Farmers
- Reeth Young Farmers visit: www.yfyfc.org.uk/about/districts/cledales





Life can be a lonely path for some young people

By volunteering to befriend a 14-19yr old for as little as one hour a week, you could help them to make better choices in life.

Call now for an application pack: Make a difference in your community



NORTH YORKSHIRE VOLUNTEER BUDDY NETWORK One-to-one support for 14-19yr olds in Hambleton & Richmondshire

Image courtesy of www.inspiredyouth.org North Yorkshire Youth is a registered charity, number 1116521